



CONFIRM Rx™
Insertable Cardiac Monitor

CAPTURING **THE RHYTHM OF LIFE**



TAKE THE FIRST STEP
DIAGNOSIS IS EMPOWERING.

Download the myMerlin™ for
Confirm Rx™ ICM mobile app today.



LET'S GET **ANSWERS**

The Abbott Confirm Rx™ ICM continuously monitors your heart without interrupting your lifestyle. You can enjoy your day-to-day activities, while the ICM makes sure your doctor receives the necessary information to create a care plan that's right for you.



Product is actual size



CAPTURING THE RHYTHM OF LIFE WITH CONFIRM Rx™ ICM



ONGOING MONITORING

Episodes can happen over time. That's why Confirm Rx™ ICM continuously records your heart rhythm (heartbeat) for up to two years.



EASY-TO-USE APP

The myMerlin™ mobile app communicates with your Confirm Rx™ ICM. Your doctor can see when your heart starts beating differently. You can also capture your own symptoms, using the app, when something doesn't feel right.

We take data privacy seriously. Your personal information is secure and encrypted.



SLIM PROFILE

Confirm Rx™ ICM is thin and discreet. With the small device and discreet myMerlin™ mobile app, you'll know you're being monitored—but no one else has to.

LISTEN TO YOUR BODY

If something doesn't feel right, you can record your symptoms using the myMerlin™ for Confirm Rx™ ICM mobile app, so your doctor has an even better idea of what's going on. That includes feeling dizzy or faint, or shortness of breath.



TAKE THE FIRST STEP
**DIAGNOSIS IS
EMPOWERING.**

Visit [ConfirmYourRhythm.com](https://www.confirmyourrhythm.com) to learn more about Confirm Rx™ ICM.

YOU'RE NOT ALONE

Having an irregular heart rhythm (heartbeat) or experiencing unexplained fainting is more common than you might think. Everyone's heart rhythm is different, so talk with your doctor about what you're feeling so they can determine what's going on.

IT'S
TREATABLE

An irregular heartbeat or fainting can be easy to treat once diagnosed

5x
STROKE RISK

Irregular heartbeat puts you more at risk of having a stroke¹

33.5
MILLION

people globally have AF²

MORE
WOMEN

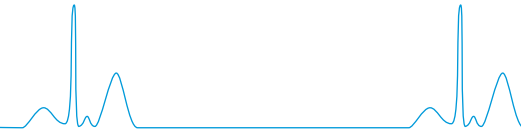
Women experience AF more than men³



WHAT IS AN IRREGULAR HEARTBEAT?

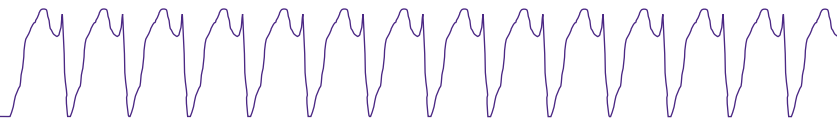
Your heart's rhythm (heartbeat) is naturally a little slower or faster, between 60 to 100 beats per minute. If your heart beats slower or faster than 60 to 100 beats per minute, you may have an irregular heartbeat called an arrhythmia.

THERE ARE THREE COMMON KINDS OF IRREGULAR HEARTBEAT.



SLOW

A heartbeat of fewer than 60 beats per minute is called **Bradycardia**.



FAST

A heartbeat of more than 100 beats per minute is called **Tachycardia**.



PAUSE

A gap in your regular heartbeat, when your heart doesn't beat for a few seconds, is called **Pause**.

Normal heartbeats vary by person—check with your doctor for your specific normal heart rhythm.

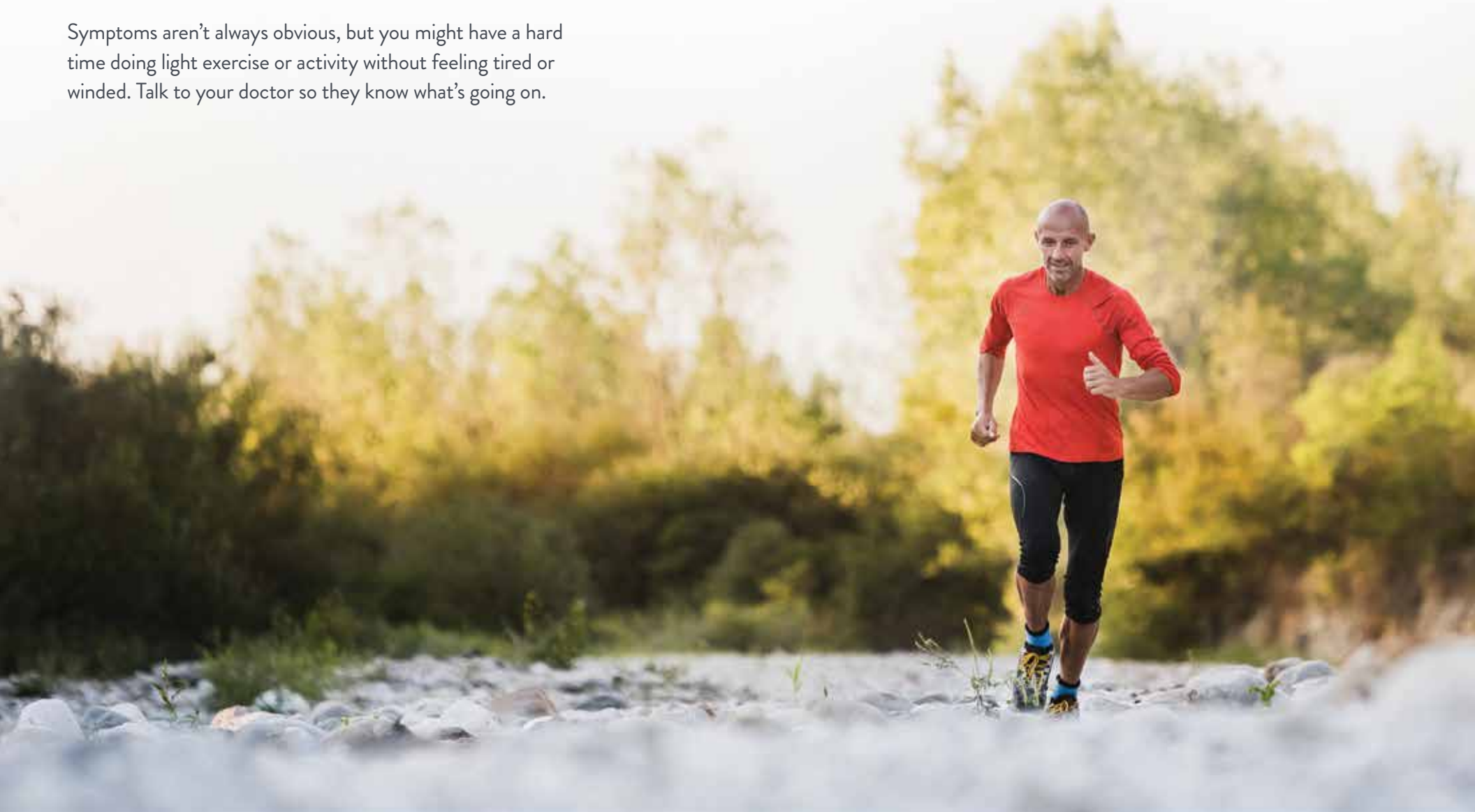
WHAT IS **ATRIAL FIBRILLATION?**

If you have **Atrial Fibrillation** (AF), the upper chambers of your heart are beating very irregularly, from 350 to 600 beats per minute. This irregular beating can increase your chance of having a stroke.

Symptoms aren't always obvious, but you might have a hard time doing light exercise or activity without feeling tired or winded. Talk to your doctor so they know what's going on.

WHAT IS **UNEXPLAINED FAINTING?**

Heart-related fainting is called **Syncope**, which is often a symptom of Tachycardia. Symptoms include feeling dizzy, changes in vision, feeling sick (nausea) or having a hard time standing.



WE'RE IN THIS TOGETHER

Figuring out what's causing your irregular heartbeat or fainting can be hard. Your doctor will talk with you about your medical history and do a physical exam. Based on your doctor's review, you may receive additional testing such as a blood test or electrocardiogram (ECG or EKG).

THERE ARE MANY WAYS TO MONITOR YOUR HEART.

If a doctor decides monitoring is needed, there are several ways to monitor your heart.

INSERTABLE CARDIAC MONITOR

An ICM goes under the skin near your heart, and can monitor for up to two years.

EVENT RECORDER

You can use this recorder for up to 30 days, pressing it against the chest if you think you're in AF.

HOLTER MONITOR

Small conducting patches (electrodes) stuck to your chest and attached to a small recording monitor record heartbeats for up to two days.

WEARABLES

The Apple Watch[†] can help identify AF. Talk to your doctor if your wearable detects an unusual heart rhythm.

HOW DOES CONFIRM Rx™ ICM WORK?



CONFIRM Rx™ ICM IS PLACED

Confirm Rx™ ICM is placed under the skin over your heart. Placement is quick and recovery time is fast.

CONNECT WITH THE MYMERLIN™ MOBILE APP

Pair your Confirm Rx™ ICM with the myMerlin™ mobile app to start continuous collection of heartbeat data.

MYMERLIN™ MOBILE APP SECURELY SENDS DATA*

The myMerlin™ mobile app automatically sends your heartbeat data to your clinic, based on the settings set by your doctor.

*Data transmitted in the app is secure and encrypted.

HOW IS IT PLACED?

Placing Confirm Rx™ ICM is an easy procedure that takes very little time. Your chest will be numbed and cleaned before a small cut is made. The monitor is placed just under the skin over your heart. Then the cut is sealed with a stitch or glue. You are now ready to pair your Confirm Rx™ ICM device with the myMerlin™ mobile app.

GET READY TO RECORD

You'll need the myMerlin™ for Confirm Rx™ ICM mobile app in order to send heartbeat data to your doctor. Download the myMerlin™ mobile app from the Apple[†] App Store[‡] or Google Play[‡] before your Confirm Rx™ ICM is inserted.




OPEN YOUR MOBILE APP STORE

From your home screen, open the smartphone app store.



SEARCH FOR MYMERLIN™ FOR CONFIRM RX™ ICM MOBILE APP

Tap the magnifying glass  to search for the myMerlin™ for Confirm Rx™ ICM mobile app. Download and install the free app before your procedure.



WATCH THE DEMOS

Watch the interactive demo to learn more about how to pair your device, record your symptoms or keep your heart monitor connected.

FOLLOW THESE TIPS TO STAY CONNECTED



KEEP MYMERLIN™ FOR CONFIRM RX™ ICM MOBILE APP OPEN

Do not quit the app. Remember to relaunch the app anytime your phone is restarted.



STAY CONNECTED TO INTERNET

Keep your smartphone connected to Wi-Fi[‡] or cellular data with a STRONG signal (signal is strong enough if you can access a website).



KEEP BLUETOOTH® ON

Airplane mode must be OFF (when not flying).



STAY CLOSE

Keep your phone close to you (within 5 feet or 1.5 meters), even while sleeping.



TURN OFF POWER SAVE

In your phone's settings, turn OFF battery saver/optimization/low power features for the myMerlin™ for Confirm Rx™ ICM mobile app.



KEEP NOTIFICATIONS ON

Allow notifications from the myMerlin™ for Confirm Rx™ ICM mobile app and turn ON app background refresh/background data usage.

In your phone settings, the app will appear as "Confirm Rx™"[§]

DOWNLOAD THE MYMERLIN™ FOR CONFIRM RX™ ICM MOBILE APP

WE'RE HERE TO HELP.

Visit ConfirmYourRhythm.com to download other helpful resources.

1. AFib Awareness. Heart.org. 2017. http://www.heart.org/HEARTORG/Conditions/Arrhythmia/AFib-Awareness_UCM_476637_SubHomePage.jsp. Accessed 10 Nov, 2017.
2. Chugh S, Havmoeller R, Narayanan K, et al. <https://doi.org/10.1161/CIRCULATIONAHA.113.005119>Circulation. 2014;129:837–847.
3. Atrial Fibrillation Fact Sheet[Data & Statistics]DHDSP|CDC. Cdc.gov.2017. https://www.cdc.gov/dhdsp/data_statistics/fact_sheets/fs_atrial_fibrillation.htm. Accessed 10 Nov, 2017.

Abbott

One St. Jude Medical Dr., St. Paul, MN 55117 USA, Tel: 1 651 756 2000
Abbott.com

RX ONLY

Brief Summary: Prior to using these devices, please review the Instructions for Use for a complete listing of indications, contraindications, warnings, precautions, potential adverse events and directions for use.

Indications: The Confirm Rx™ ICM is indicated for the monitoring and diagnostic evaluation of patients who experience unexplained symptoms such as: dizziness, palpitations, chest pain, syncope, and shortness of breath, as well as patients who are at risk for cardiac arrhythmias. It is also indicated for patients who have been previously diagnosed with atrial fibrillation or who are susceptible to developing atrial fibrillation. The Confirm Rx™ ICM has not been specifically tested for pediatric use.

Contraindications: There are no known contraindications for the insertion of the Confirm Rx™ ICM. However, the patient's particular medical condition may dictate whether or not a subcutaneous, chronically inserted device can be tolerated.

Adverse Events: Possible adverse events (in alphabetical order) associated with the device, include the following: Allergic reaction, Bleeding, Chronic nerve damage, Erosion, Excessive fibrotic tissue growth, Extrusion, Formation of hematomas or cysts, Infection, Keloid formation and Migration. Refer to the User's Manual for detailed indications, contraindications, warnings, precautions and potential adverse events.

Additional information: Clinicians must log onto Merlin.net™ Patient Care Network to view transmissions from patients' Confirm Rx™ ICM. On Merlin.net™ PCN they can configure transmission schedules and enable or disable features on a patient's myMerlin™ for Confirm Rx™ ICM mobile app. Review of transmissions is dependent on the clinician and may not happen immediately following delivery of such transmissions.

Limitations: Patients may use their own Apple® or Android® mobile device to transmit information from their Confirm Rx™ ICM using the myMerlin™ for Confirm Rx™ mobile app. To do so the device must be powered on, app must be installed, Bluetooth® wireless technology enabled and data coverage (cellular or WiFi) available. The myMerlin™ for Confirm Rx™ mobile app provides periodic patient monitoring based on clinician configured settings. Data is resent if the transmission was not sent successfully. However, there are many internal and external factors that can hinder, delay, or prevent acquisition and delivery of ICM and patient information as intended by the clinician. These factors include: patient environment, data services, mobile device operating system and settings, ICM memory capacity, clinic environment, schedule/configuration changes, or data processing.

An Abbott mobile transmitter is available for patients without their own compatible mobile device.

™ Indicates a trademark of the Abbott group of companies.

‡ Indicates a third-party trademark, which is property of its respective owner.

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