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HeartMate™ LVAD Resources for Care Partners

Supporting
you as you
support your
loved one



Life with the HeartMate 3™ LVAD

Receiving a HeartMate 3 Left Ventricular Assist Device (LVAD) can be life-changing for people with advanced heart failure. This safe and well-established therapy has already helped more than 42,000 patients worldwide.*

For patients, it often means better symptom control, improved quality of life with greater independence and renewed hope for the future.¹⁻⁴

For care partners — whether you're a spouse, family member or friend — your role is important. The level of support needed by you may vary based on individual situations, and may include:



DEVICE CARE: Monitor pump readings, change dressings and respond to alerts.



DAILY ROUTINES: Help with medications, appointments and recovery activities.



EMOTIONAL SUPPORT: Provide reassurance and comfort during periods of adjustment.

Whether support is short-term or extended, it all makes a difference in your loved one's recovery and quality of life.

*Based on clinical trial and device tracking data as of Aug. 6, 2025.



SANDY,
HeartMate 3™ LVAD
Care Partner

LOREN,
HeartMate 3™ LVAD
Recipient

“The HeartMate 3™ LVAD was something that was really easy to get used to because it made us more of a team. It’s a few extra things we needed to remember every day, but what a small price to pay to have my partner, living a full life, right by my side.”

— **SANDY, HEARTMATE 3 LVAD CARE PARTNER**

This testimonial relays an account of an individual's response to the treatment. This patient's account is genuine, typical and documented. However, it does not provide any indication, guide, warranty or guarantee as to the response other persons may have to the treatment. Responses to the treatment discussed can and do vary and are specific to the individual patient.

Preparing to be a care partner

Before your loved one receives a HeartMate 3™ LVAD, here are steps you can take to get ready:

- 1 LEARN LVAD BASICS:** Receive hands-on training from the implanting center on how to manage the LVAD equipment and respond to alerts. The team will guide you through every step, tailoring the information to your specific role and needs.
- 2 BUILD SUPPORT:** Connect with other care partners and online resources for practical tips and advice. Remember, your well-being matters, too — maintaining health and balance is essential.
- 3 USE ABBOTT RESOURCES:** Access guides and videos for detailed instructions and additional information.



Scan the QR code

Getting back to your life with
a HeartMate 3 LVAD

Have questions?

The HeartMate™ Ambassador Program connects you with other care partners who can share their experiences on:



- Supporting someone living with a HeartMate 3™ LVAD
- Preparing for daily life and routines
- Managing change and challenges

Talking to someone who's been there can make all the difference.



READY TO CONNECT?

Scan the QR code

Connect with a HeartMate Care Partner Ambassador

NOT SURE WHAT TO ASK?

Here are a few questions to start your conversation:

- How did you (with your loved one) decide to move forward with the HeartMate 3 LVAD and take on the care partner role?
- What have been the biggest challenges and rewards of being a care partner?
- What advice or resources would you recommend to someone becoming a care partner?

Notes: _____

These materials are not intended to replace your doctor's advice or information. For any questions or concerns you may have regarding the medical procedures, devices and/or your personal health, please discuss these with your physician.

1. Mehra MR, Uriel N, Naka Y, et al. A fully magnetically levitated left ventricular assist device - final report. *N Engl J Med*. 2019;380(17):1618-1627. doi:10.1056/NEJMoal900486
2. Schmitto JD, Shaw S, Garbade J, et al. Fully magnetically centrifugal left ventricular assist device and long-term outcomes: the ELEVATE registry. *Eur Heart J*. 2024;45(8):613-625. doi:10.1093/eurheartj/ehad658
3. Mehra MR, Goldstein DJ, Cleveland JC, et al. Five-year outcomes in patients with fully magnetically levitated vs axial-flow left ventricular assist devices in the MOMENTUM 3 Randomized Trial. *JAMA*. 2022;328(12):1233-1242. doi:10.1001/jama.2022.16197
4. Goldstein DJ, Naka Y, Horstmannshof D, et al. Association of clinical outcomes with left ventricular assist device use by bridge to transplant or destination therapy intent: the multicenter study of maglev technology in patients undergoing mechanical circulatory support therapy with HeartMate 3 (MOMENTUM 3) randomized clinical trial. *JAMA Cardiol*. 2020;5(4):411-419. doi:10.1001/jamacardio.2019.5323

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Brief Summary: Prior to using these devices, please review the Instructions for Use for a complete listing of indications, contraindications, warnings, precautions, potential adverse events and directions for use.

HeartMate 3™ LVAS Indications: The HeartMate 3™ Left Ventricular Assist System is indicated for providing short- and long-term mechanical circulatory support (e.g., as bridge to transplant or myocardial recovery, or destination therapy) in adult and pediatric patients with advanced refractory left ventricular heart failure and with an appropriate body surface area.

HeartMate 3™ LVAS Contraindications: The HeartMate 3 Left Ventricular Assist System is contraindicated for patients who cannot tolerate, or who are allergic to, anticoagulation therapy.

HeartMate 3™ LVAS Adverse Events: Adverse events that may be associated with the use of the HeartMate 3 Left Ventricular Assist System are: death, bleeding, cardiac arrhythmia, localized infection, right heart failure, respiratory failure, device malfunctions, driveline infection, renal dysfunction, sepsis, stroke, other neurological event (not stroke-related), hepatic dysfunction, psychiatric episode, venous thromboembolism, hypertension, arterial non-central nervous system (CNS) thromboembolism, pericardial fluid collection, pump pocket or pseudo pocket infection, myocardial infarction, wound dehiscence, hemolysis (not associated with suspected device thrombosis) or pump thrombosis.

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