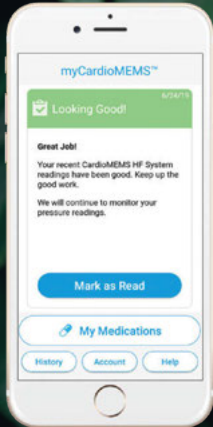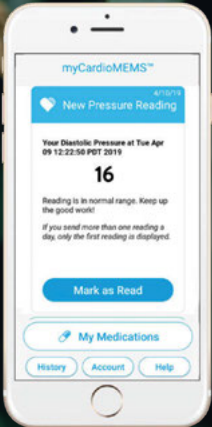# PATIENT INSTRUCTIONS
AND VISUAL GUIDE

21
PAD

20
PAD

18
PAD

16
PAD

myCardioMEMS™ Application for
the CardioMEMS™ HF System

REGISTRATION

APP ICON APPEARS ON THE PHONE AFTER DOWNLOAD

Tap the icon on the screen to launch the app

1 **INFORMATION REQUIRED TO REGISTER INCLUDES:**
- A unique email address
- Your pulmonary artery (PA) sensor serial number
- Your date of birth

If not available, the sensor serial number can be found on your patient ID card or by contacting your heart failure care team.


2 **REGISTRATION IS AVAILABLE IN TWO MODES.**
There can only be one person registered as the **patient or primary caregiver.** This role is the only one that can acknowledge medication changes, if that feature is enabled by the clinic.

There can be multiple people registered as **other.** This role is able to see messages, but not acknowledge them.

3 **AFTER REGISTERING, YOU WILL BE PROMPTED TO ALLOW NOTIFICATIONS.**
Tap 'Allow'. Notifications will be sent to your Apple or Android Mobile device as well as connected compatible smart devices (i.e. Apple Watch).

4 **IT IS SUGGESTED THAT YOU CHOOSE TO STAY LOGGED IN.**
By making this selection, a password is not required each time the myCardioMEMS™ app is accessed.

HOME
SCREEN
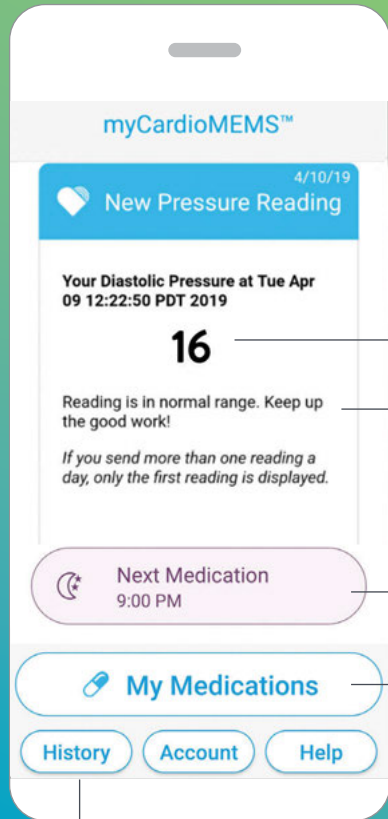
You will see your PA Pressure Reading within minutes after sending your daily reading

You will receive messages that helps put your PA pressure number in context

Select buttons for:
Daily Medication Reminder

Full Heart Failure Medication List (if medication feature is enabled by your care team)

View your past PA Pressure readings as well as other messages from your care team to see how different lifestyle choices and medication adjustments impact your heart failure

HISTORY
CALENDAR
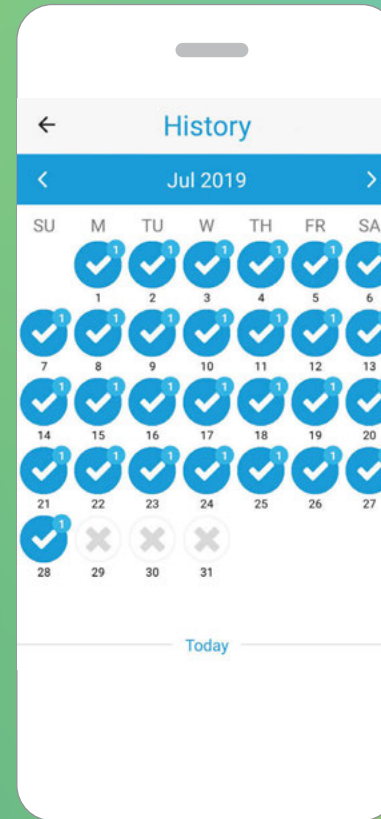
THE CALENDAR SCREEN SHOWS THE DAYS ON WHICH YOUR PA PRESSURE READINGS WERE RECEIVED.

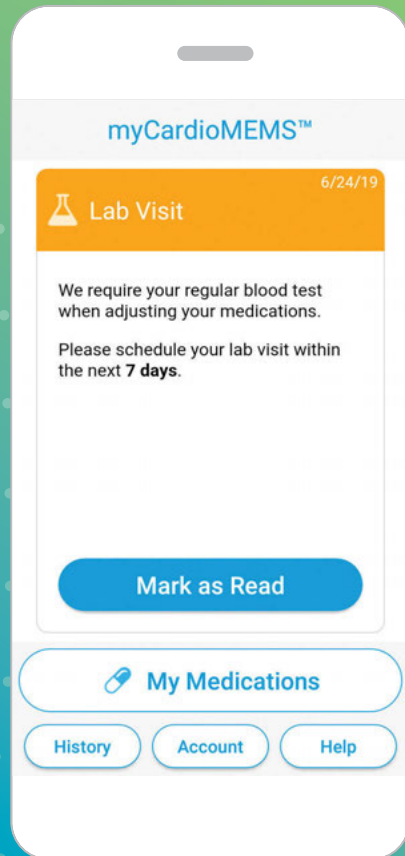- ⊗ Gray 'X' means a reading was not received.

- ✓ Blue check mark means the reading was received.

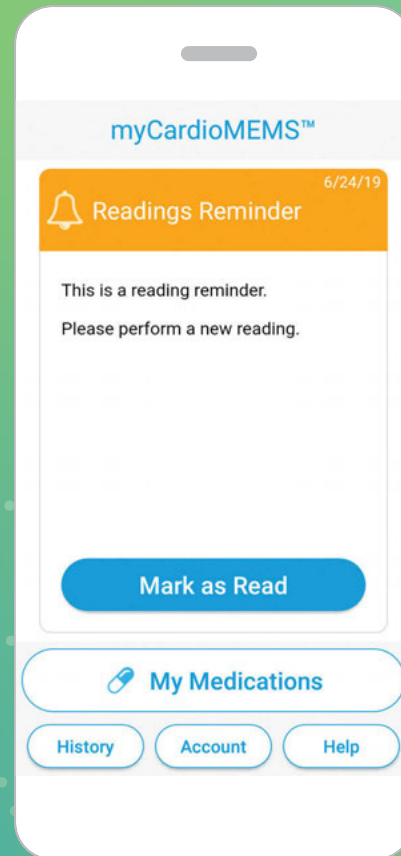- ◐ Orange and blue bubbles show days on which messages were sent.

Note: If you are registered in the **other** mode, messages will not be visible until you or your caregiver acknowledges the message.
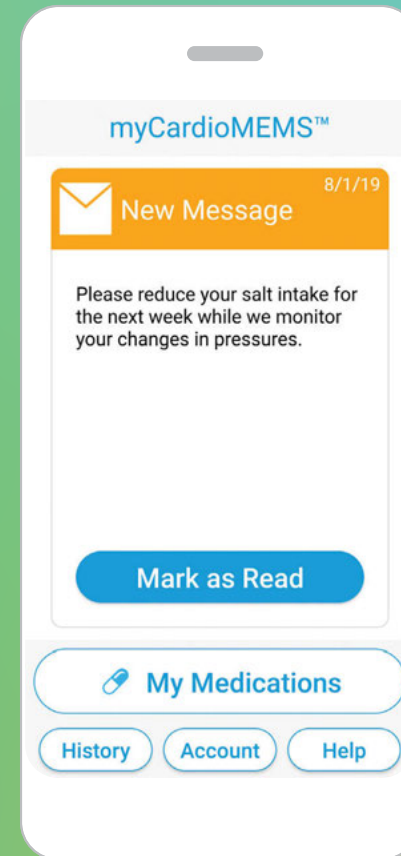
STANDARD AND
CUSTOM MESSAGES

In addition to the message you will receive with your PA Pressure Reading, below are other messages you may receive from your heart failure care team.

myCardioMEMS™
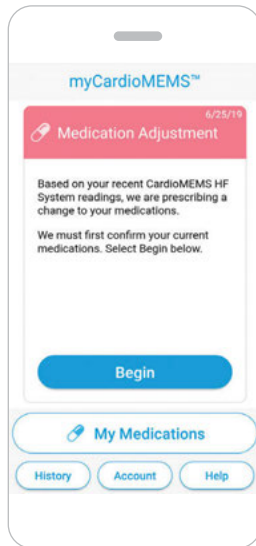
🧪 Lab Visit   6/24/19

We require your regular blood test when adjusting your medications.

Please schedule your lab visit within the next **7 days**.

Mark as Read

🔗 My Medications

History   Account   Help

---

myCardioMEMS™

🔔 Readings Reminder   6/24/19

This is a reading reminder.

Please perform a new reading.

Mark as Read

🔗 My Medications

History   Account   Help

---

myCardioMEMS™

✉ New Message   8/1/19

Please reduce your salt intake for the next week while we monitor your changes in pressures.

Mark as Read

🔗 My Medications

History   Account   Help

REQUEST FOR LABS   **READING REMINDER**   **CUSTOM MESSAGE**

MEDICATION CHANGE SEQUENCE

1 **NOTIFICATION:**
If your care team makes a change to your medications, a medication adjustment card will be sent to your app.

Once you see the card, you will select "Begin" to indicate you are currently taking your prescribed medications.

2 **MEDICATION CONFIRMATION**
Note: Not all medications you are taking will be displayed in the app. Only the medications that you are taking for your heart failure will be displayed.


3 **MEDICATION CONFIRMATION:**
If you do not indicate that you are taking your current medication as prescribed, you will be requested to contact your clinic for further instructions.
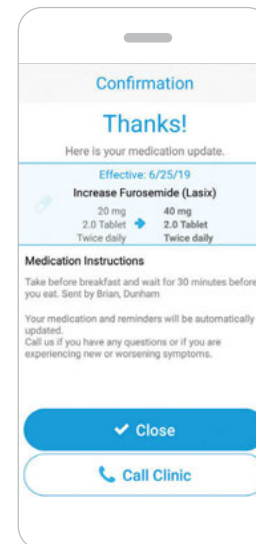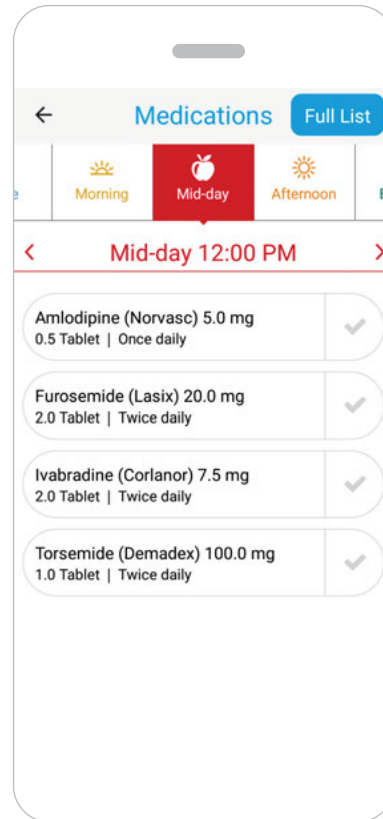

4 **MEDICATION CHANGE INSTRUCTION:**
If you are taking your medications as prescribed, you will receive details on the medication update. At this point, you can set up reminders if you are taking a medication more than once a day.

DAILY MEDICATION REMINDER
## (UP TO 4 REMINDERS/DAY)
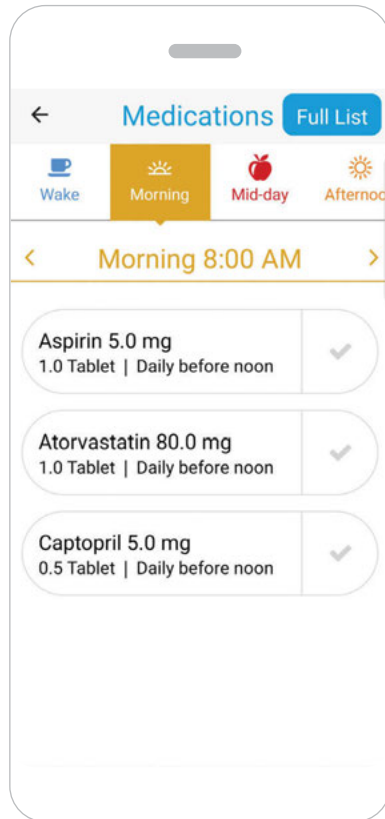
MORNING

MID-DAY

You can set reminder notifications when it is time to take your medication and you can indicate when you have taken your medication.
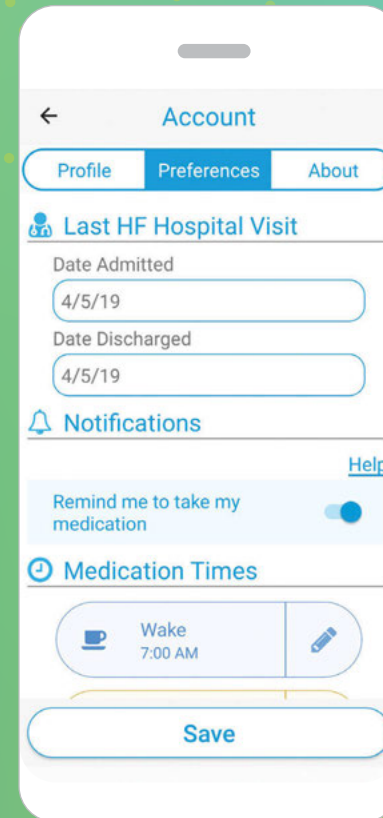
The reminders have designated times associated with each time slot (i.e., wake, morning, mid-day, afternoon, evening and night).

You can customize the times to your own schedule but you cannot reorder or rename the time slots.
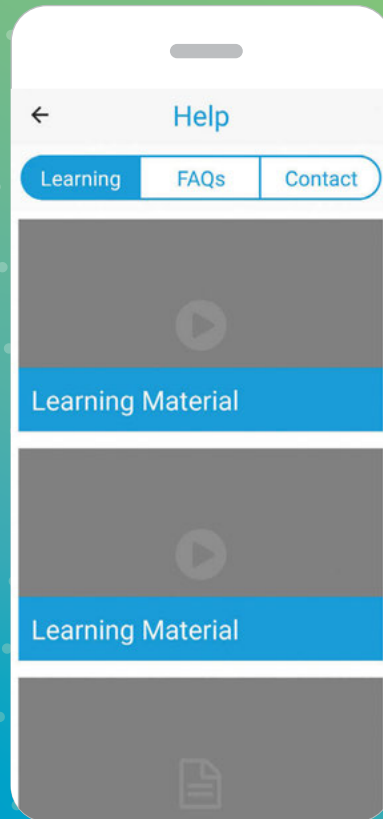
MY ACCOUNT
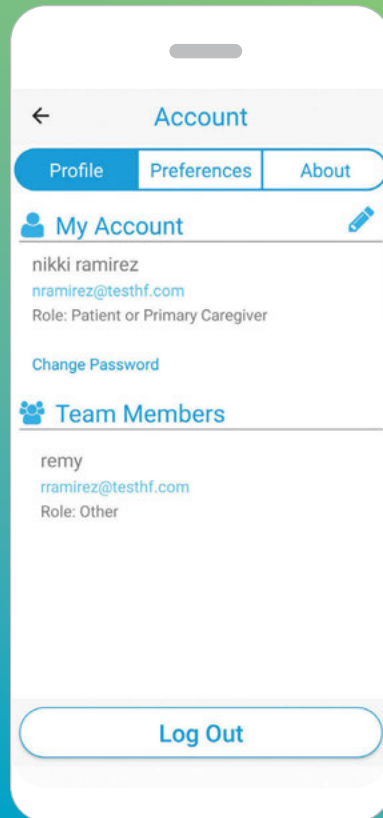
In the My Account tab, under **Profile,** you can manage your contact information, password and login preference.
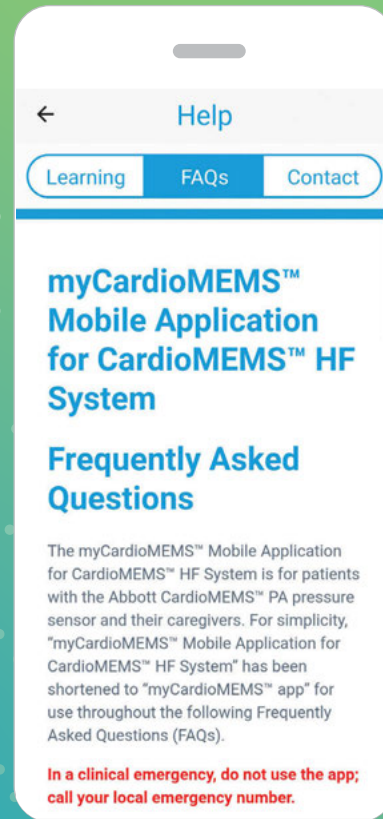

Under **Preferences,** you can set hospitalization dates and manage medication reminders.
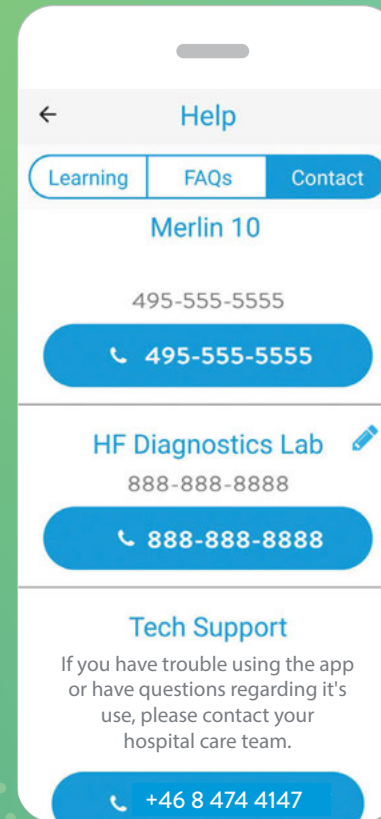
HELP SCREEN

LEARNING

FAQS

myCardioMEMS™ Mobile Application for CardioMEMS™ HF System

Frequently Asked Questions

The myCardioMEMS™ Mobile Application for CardioMEMS™ HF System is for patients with the Abbott CardioMEMS™ PA pressure sensor and their caregivers. For simplicity, "myCardioMEMS™ Mobile Application for CardioMEMS™ HF System" has been shortened to "myCardioMEMS™ app" for use throughout the following Frequently Asked Questions (FAQs).

In a clinical emergency, do not use the app; call your local emergency number.

CONTACT

Merlin 10

495-555-5555

📞 495-555-5555

HF Diagnostics Lab ✏️
888-888-8888

📞 888-888-8888

Tech Support

If you have trouble using the app or have questions regarding it's use, please contact your hospital care team.

📞 +46 8 474 4147

SELECT THE HELP BUTTON ON THE HOME SCREEN TO ACCESS:

- Documents and videos explaining the app features
- List of Frequently Asked Questions
- Contact information for:
  - Your heart failure clinic
  - Your primary lab (information will need to be entered by patient)
  - Abbott Tech Support

NOTES

NOTES

Brief Summary: Prior to using these devices, please review the Instructions for Use for a complete listing of indications, contraindications, warnings, precautions, potential adverse events and directions for use.

Indications and Usage: The CardioMEMS™ HF System is indicated for wirelessly measuring and monitoring pulmonary artery (PA) pressure and heart rate in New York Heart Association (NYHA) Class III heart failure patients who have been hospitalized for heart failure in the previous year. The hemodynamic data are used by physicians for heart failure management and with the goal of reducing heart failure hospitalizations.

Contraindications: The CardioMEMS HF System is contraindicated for patients with an inability to take dual antiplatelet or anticoagulants for one month post implant.

Potential Adverse Events: Potential adverse events associated with the implantation procedure include, but are not limited to, the following: Infection, Arrhythmias, Bleeding, Hematoma, Thrombus, Myocardial infarction, Transient ischemic attack, Stroke, Death, and Device embolization.

Limitations: Patients must use their own Apple‡ or Android‡ mobile device to receive and transmit information to the myCardioMEMS™ mobile app. To do so the device must be powered on, app must be installed and data coverage (cellular or Wi-Fi‡) available. The myCardioMEMS™ app can provide notification of medication adjustments and reminders, requests for lab work and acknowledgement that the PA pressure readings have been received. However there are many internal and external factors that can hinder, delay, or prevent acquisition and delivery of the notifications and patient information as intended by the clinician. These factors include: patient environment, data services, mobile device operating system and settings, clinic environment, schedule/configuration changes, or data processing.

Abbott