



TREATMENT PERSPECTIVES

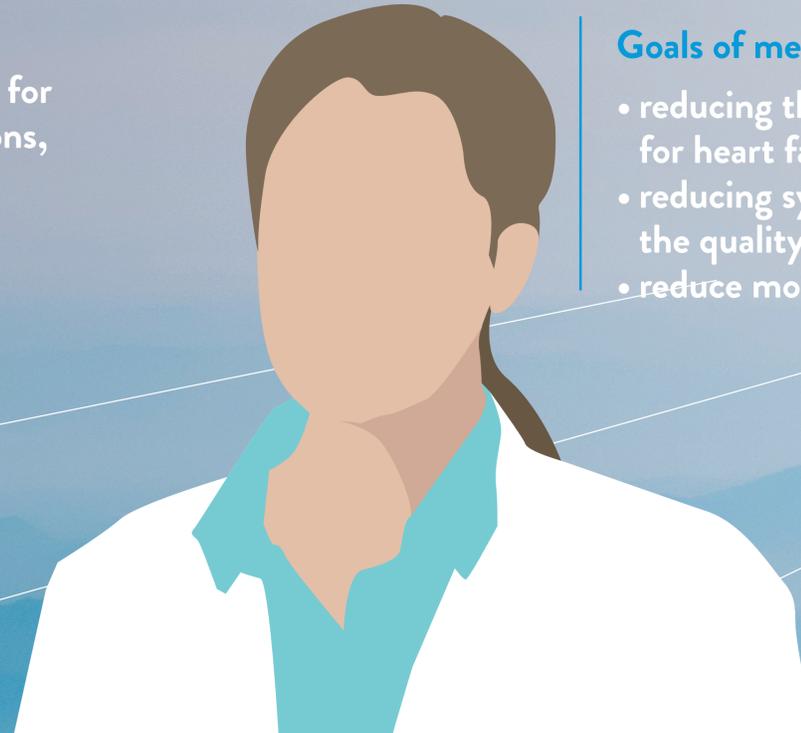
FOR PATIENTS WITH HEART FAILURE (HFrEF)



There are various treatment options available for heart failure and other heart-related conditions, depending on the person, age and condition.

Goals of medical treatment

- reducing the risk of hospitalization for heart failure;
- reducing symptoms and increasing the quality of life;
- reduce mortality risk.



MEDICATION

ACE-I / ARNI

Lowers blood pressure and improves heart function.

Beta blockers (BB)

Lowers blood pressure, reduces the load on the heart and improves the heart function.

MRA

Reduces salt and water retention, lowers blood pressure, reduces congestion.

SGLT2 inhibitors

Promotes drainage of fluids and thereby protects heart and kidneys.

FOR WHOM?

All heart failure patients (HFrEF) are eligible for a combination of these four drugs in optimal dosages.

Diuretics

Reduction of fluid retention.

FOR WHOM?

For a select group of heart failure patients with congestion.

DEVICES

Pacemaker

Monitors heart rate and makes sure it follows the right rhythm if to slow.

ICD

Senses cardiac arrhythmias and stops them by delivering an internal shock.

CRT

Restores coordinated pumping between the right and left side of the heart.

FOR WHOM?

For patients who suffer from other heart-related conditions such as cardiac arrhythmias and valve disease in addition to heart failure.

Mitral valve repair (MitraClip)

Helps make the flaps of the mitral valve stay closer together and restores normal blood flow.

FOR WHOM?

For patients who suffer from other heart-related conditions such as cardiac arrhythmias and valve disease in addition to heart failure.

Cardio-MEMS

Transmits wireless pulmonary pressure information from the patient's home to the hospital and medications can be adjusted remotely in response to the changes in readings.

FOR WHOM?

For patients who suffer from other heart-related conditions such as cardiac arrhythmias and valve disease in addition to heart failure.

LVAD / HEART TRANSPLANT

LVAD

A heart pump to improve the circulation of blood throughout the body. It can also be placed as a bridge to heart transplantation.

FOR WHOM?

For patients with advanced heart failure, which cannot be managed by medicines or other treatments

Heart transplant

Replacement of own heart with a healthy heart from a donor.

FOR WHOM?

For patients with advanced heart failure, which cannot be managed by medicines or other treatments

MULTI DISCIPLINARY TREATMENT

Treatment including cardiac rehabilitation.

FOR WHOM?

All heart failure patients are eligible for this.