

CardioMEMS™ HF System

# HELPING HEART FAILURE PATIENTS SHOW UP FOR LIFE



► To find a CardioMEMS™ HF System doctor,  
call 1-855-4-CMEMSHF (1-855-426-3674)

While there are a number of options for managing heart failure, it isn't always easy to find out which one is best for you—especially if medical therapy and lifestyle adjustment aren't helping as much as you would like.

For many people with heart failure, the CardioMEMS™ HF System has been the right choice.

The CardioMEMS HF System monitors changes in blood pressure in the pulmonary artery. These changes can alert your doctor that your heart failure is getting worse—even before you notice symptoms such as shortness of breath or weight gain. This allows you and your doctor to actually stay ahead of your heart failure, and make proactive adjustments before the disease progresses.



# The best way to find out if the CardioMEMS™ HF System is right for you is to be evaluated by a doctor who offers the CardioMEMS HF System.

Call toll-free 1-855-4-CMEMSHF (1-855-426-3674) to find the doctor who's most convenient for you. Then print the questionnaire, write down your responses, and bring it with you to your appointment. Your answers will help him or her make the decisions that are best for you.

This feedback is not a diagnosis and should not be interpreted as offering medical advice. This assessment is not intended to replace discussions with your doctor. You should always speak to a doctor before you begin any treatment regimen.

1. Can you walk down a flight of stairs without stopping?

Yes  No

2. Can you shower without stopping?

Yes  No

3. Can you mop floors or clean windows?

Yes  No

4. Can you hang washed clothes?

Yes  No

5. Can you walk 2.5 miles per hour (equivalent to 24 minute mile)?

Yes  No

6. Can you bowl or play golf?

Yes  No

7. Can you push a power lawn mower?

Yes  No

The quiz and the feedback provided are for education purposes only. It is not a diagnostic tool and should not be interpreted as offering medical advice. This feedback is intended to encourage discussions with your doctor. Only your doctor can determine if you are a candidate for the CardioMEMS™ HF System. All decisions regarding the appropriateness of the CardioMEMS HF System must be made in consultation with a health care provider and take into account the specific health needs of the patient.

## Thank you for completing this questionnaire.

Taking an active role in your health care can help your doctor understand how you feel and ensure that you continue to “Show Up for Life.”

1. Goldman, L., Hashimoto, B., Cook, E.F., Loscalzo A. (1981). Comparative reproducibility and validity of systems for assessing cardiovascular functional class: advantages of a new specific activity scale. *Circulation*; 64:1227-1234.

### Rx Only

**Brief Summary:** Prior to using these devices, please review the Instructions for Use for a complete listing of indications, contraindications, warnings, precautions, potential adverse events and directions for use.

**Indications and Usage:** The CardioMEMS HF System is indicated for wirelessly measuring and monitoring pulmonary artery (PA) pressure and heart rate in New York Heart Association (NYHA) Class III heart failure patients who have been hospitalized for heart failure in the previous year. The hemodynamic data are used by physicians for heart failure management and with the goal of reducing heart failure hospitalizations.

**Contraindications:** The CardioMEMS HF System is contraindicated for patients with an inability to take dual antiplatelet or anticoagulants for one month post implant.

**Potential Adverse Events:** Potential adverse events associated with the implantation procedure include, but are not limited to the following: Infection, Arrhythmias, Bleeding, Hematoma, Thrombus, Myocardial infarction, Transient ischemic attack, Stroke, Death and Device embolization.

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